

CURRICULUM VITAE

NAME: Kristy Burton, PhD, LPC-S-TA (AR & MO), CAADC (AR & TX), MAC, CS, SAP, NCC, TA

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EDUCATION: Ph.D., University of the Cumberlands
Counselor Education & Supervision
Online and Residency (CACREP Accredited)
Specialty Major: Addictions
Burton, K, Exploring the Lived Experiences of Counselors Who Provide Co-Occurring Mental Health and Substance Abuse Treatment
[Unpublished doctoral dissertation]. University of the Cumberlands.

MS, John Brown University, 2013, Community Counseling

BS, Harding University, 2001, Criminal Justice

ADMINISTRATIVE EXPERIENCE: N/A

TEACHING EXPERIENCE:

Assistant Professor, June 2025 to Present
Director of Clinical Training
Ouachita Baptist University, Arkadelphia, Arkansas
Graduate Counseling

Contributing Faculty, January 2024 to Present
Walden University
Graduate Counseling

Assistant Professor, April 2023 to June 2025
John Brown University, Siloam Springs, Arkansas
Graduate Counseling

Full Time Instructor, July 2020 to April 2023
John Brown University, Siloam Springs, Arkansas
Graduate Counseling

Adjunct Instructor, August 2018 – July 2020
John Brown University, Siloam Springs, Arkansas
Graduate Counseling

LICENSES:

2014 – Present – Licensed Professional Counselor – Arkansas (P1707327)
2022 – Present – Licensed Professional Counselor – Missouri (2022028840)
2017 – Present – Specialization - Tech Assisted Counseling
2020 – Present – Specialization – Board Approved Supervisor
2018 – Present – Advanced Alcohol and Drug Counselor - Arkansas (A-348)
2023 – Present – Master Addictions Counselor (512515)
2022 – Present – Clinical Supervisor - Addictions
2018 – Present – National Certified Counselor (958996)
2018 – Present – Substance Abuse Professional (173791)
2019 – Present – Certified Brainspotting Practitioner

PROFESSIONAL EXPERIENCE:

Central Arkansas Group Counseling, PLLC dba Arkansas Counseling and Wellness Services, Arkansas
North Little Rock, Benton, Conway, and Springdale, Arkansas
August 2015 - Present Owner/Counselor

- Private practice providing mental health and substance abuse counseling to adults, teens, and couples as well as group counseling for substance abuse, domestic violence offenders, and shoplifting prevention.

Families, Inc Jacksonville, Arkansas January 2018 - August 2018

- School based setting providing mental health and substance abuse counseling to elementary and middle school students.

The Connection Company Bryant, Arkansas January 2017 - January 2018

- School based setting providing mental health and substance abuse counseling to middle school students.

PROFESSIONAL PUBLICATIONS

Burton, K. (2025). Moral Reconciliation Therapy. The Encyclopedia of Mental Health Trainings, Certification, and Credentials. Onbllc. 4634-4640

Burton, K., Chamberlin, B., Simmons, R. (2025). Crisis and Trauma: Strategies for Resilience and Recovery. Kendall Hunt.

Burton, K. Beyond the books: Tackling the mental health crisis in higher education. *SACES Newsletter* [Internet]. Spring 2024;19(2):p. 23. Available from: <https://saces.wildapricot.org/newsletters>

Burton, K., Perez, D., & Vinson, L. (2022). The Impact of Trauma-Informed Training on the Leadership of Law Enforcement Officers and their interaction with Marginalized Communities. *International Association for Resilience and Trauma Counseling*, 4, 36-41.
https://www.iartc.org/_files/ugd/545ff9_7fa66245be5d4a09a721c15dfee4bba7.pdf

PROFESSIONAL PRESENTATIONS

Burton, K. & Perez, D. (October 2025). Navigating the Evolving Landscape of Ethical Clinical Supervision in a Digital Age. Association for Counselor Education and Supervision. Philadelphia, PA.

- Burton, K. & Dailey, B. (October 2025). From Control to Connection: Healing-Centered Group Work with Perpetrators to Build Safer Communities. National Conference on Domestic Violence. Kansas City, MO.
- Burton, K. (May, 2025). MI War: The Spirit Awakens. Arkansas Mental Health Counseling Association. Rogers, AR.
- Burton, K. & Hall, C. (February 2025). Ethics of Self-Care: Beyond Burnout Prevention. Arkansas Association for Counselor Education and Supervision. Virtual.
- Burton, K. & Dailey, B. (September 2024). Addressing the Domestic Violence Crisis: Enhancing Interagency Cooperation to Improve Services, Mitigate Risks, and Reduce Costs. International Community Justice Association, Research Conference. Louisville, KY.
- Burton, K. & Perez, D. (April 2024). Navigating the Evolving Landscape of Ethical Clinical Supervision in a Digital Age, International Association of Psychology and Counseling, New Orleans, LA.
- Burton, K. (March 2024). Navigating Ethical Waters: Principles for Co-Occurring Counselors, New Mexico Counseling Association Conference, Virtual.
- Burton, K. (February 2024). Guiding Growth with Compassion: Trauma-Informed Supervision Training, Arkansas Counselor Education and Supervision Conference, Little Rock, Arkansas.
- Burton, K. (November 2023). Empowering Growth in Supervision, Arkansas Counseling Association, Little Rock, Arkansas.
- Bonfini, J., Burton, K., Trogden, A. (October 2023). Preparing Clinical Mental Health Counselors to Work with Substance Use Disorders (SUD): The Role of Counselor Educators. Association for Counselor Education and Supervision, Denver, Colorado.
- Burton, K. (July 2023). Domestic Violence Intervention: Batterer characteristics, Arkansas Coalition Against Domestic Violence, Virtual.
- Burton, K. (December 2022). Overcoming Burnout and Compassion Fatigue, John Brown University, Siloam Springs, Arkansas.
- Burton, K. Hall, C (October 2019). Batterer Intervention, From Hurt to Hope Conference, Little Rock, Arkansas.
- Burton, K. Hall, C (September 2016). Batterer Intervention, From Hurt to Hope Conference, Little Rock, Arkansas.

AWARDS

- Winner of the *2024 Champion Award* from the Arkansas Coalition Against Domestic Violence for my advocacy, committee, and volunteer work.
- Winner of the *2023 Rosenthal Award* from the Arkansas Association for Counselor Education and Supervision for my excellence in supervision and counselor education in Arkansas.

DISSERTATION AND THESIS SERVICE

- N/A

SERVICE

- CACREP Site Visitor 2024 –
- Chi Sigma Iota Chapter Faculty Advisor (pending chapter approval) 2024 –
- Service to the University (JBU)
 - o Committee Member, University Assessment Committee, 2021 – 2025
 - o Committee Member, Faculty Search Committee Member, 2021 – 2022
- Service to the School (JBU)f
 - o Course Coordinator: Addictions Counseling
 - o Course Coordinator: Crisis and Trauma Counseling

- o Course Development and Coordinator: Technology Assisted Counseling

RESEARCH PROJECTS / GRANTS

- N/A

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

- Arkansas Substance Abuse Certification Board Appointee 2023-2026
- Member, American Counseling Association, 2019 – Present
- Association for Counselor Education and Supervision
- International Association of Marriage and Family Counselors
- International Association for Resilience and Trauma Counselor
- Member, NAADAC – The Association for Addiction Professionals, 2018 – Present
- Chi Sigma Iota Honor Society, 2019 – Present
- Kappa Delta Pi Honor Society, 2022 – 2023
- National Batters Intervention Committee, 2021 – Present
- Member, Arkansas Counseling Association, 2020 – Present
 - President Elect 2024 – 2025
 - President 2025 – 2026
- Arkansas Licensed Professional Counselors Association
 - President – 2024 – 2025
- Arkansas Counselor Educators and Supervisors
 - President Elect 2020 – 2021
 - President 2021 – 2023
- Arkansas Coalition Against Domestic Violence, 2019 –Present
- Accreditation Committee for Batterers Intervention Programs, 2022 – Present
 - Founding board member
- Arkansas Community Correction Reentry Subcommittee, 2019 – 2020
- Arkansas Mental Health Counseling Association, 2020 – Present
- Arkansas Addiction Professionals Association, 2019 – Present
 - Vice President 2019 – 2020
 - Vice President 2023 – 2024
 - President 2024 – 2025