

Admission and Retention Requirements

Meet general university graduate admissions requirements
2.75 undergraduate GPA or higher – <i>Conditional admission is considered for applicants who meet all other admissions requirements and have a GPA below 2.750, but not lower than 2.500</i>
Recommended: Kinesiology undergraduate coursework (such as Biomechanics, Exercise Physiology, Exercise Testing, Special Populations, Strength & Conditioning, Structural Basis of Human Movement or Sports Nutrition), 9+ hours

Required Courses
Credit Hours

EXSC 5003	Introduction to Human Performance	3
EXSC 5033	Exercise Testing and Prescription	3
EXSC 5123	Exercise Physiology I	3
EXSC 5203	Statistics	3
EXSC 6063	Sports Nutrition	3
EXSC 6123	Exercise Physiology II	3
EXSC 6133	Research Methods	3
EXSC 6143	Special Populations in Exercise Science	3
EXSC 6153	Care & Prevention of Injury	3
EXSC 6223	Health Education and Counseling	3
EXSC 6233	Leadership & Ethics in Human Performance	3
EXSC 6433	Internship <i>or</i>	3
EXSC 6533	Thesis	

Total
SUGGESTED COURSE SEQUENCE:

Terms	Year	Course
Fall [16 weeks]	2023	EXSC 5123 Exercise Physiology I
Fall 1 (8 weeks)	2023	EXSC 5003 Introduction to Human Performance
Fall 2 (8 weeks)	2023	EXSC 5033 Exercise Testing and Prescription
Fall 2 (8 weeks)	2023	EXSC 6063 Sports Nutrition
Spring [16 weeks]	2024	EXSC 6123 Exercise Physiology II
Spring 1 (8 weeks)	2024	EXSC 6133 Research Methods
Spring (8 weeks)	2024	EXSC 6143 Special Populations in Exercise Science
Spring (8 weeks)	2024	EXSC 6153 Care & Prevention of Injury
Summer (8 weeks)	2024	EXSC 5203 Statistics
Summer (8 weeks)	2024	EXSC 6223 Health Education and Counseling
Summer (8 weeks)	2024	EXSC 6233 Leadership & Ethics in Human Performance
Summer (11 weeks)	2024	EXSC 6433 Internship or 6533 Thesis